Section on a specific subject from:

DATABOOK OF HAPPINESS

A complementary reference work to
Conditions of Happiness

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D.Reidel Publishing Company
Member of Kluwer Academic Publishers Group
1984
Dordrecht/Bostion/Lancaster

ISBN 90-277-1793-1

S 3 SEXUALITY

S 3.1 - ATTITUDES TOWARDS SEX

S 3.1.1 - ONE'S OWN ATTITUDES

LIBERAL SEXUAL ATTITUDE (PRAGMATIC)	6-item questionnaire of various sexual behaviors varying in intimacy, scored for how one would probably behave when possible on a first date, after several dates, with a steady, and with a fiancé(e).		COMP 1.1	r_{pm}	-.15	ns	Undergraduate college students, Hawaii Non-probability accidental sample N: 101, date: —	WILSO 65 p. 375
LIBERAL SEXUAL ATTITUDE (IDEAL)	6-item questionnaire of various sexual behaviors varying in intimacy, scored for those behaviors one endorses or approves of on a first date, after several dates, with a steady and with a fiancé(e).		COMP 1.1	r_{pm}	-.10	ns	See above	WILSO 65 p. 375
LIBERALITY OF SEXUAL BEHAVIORS ENGAGED IN	6-item questionnaire of various sexual behaviors varying in intimacy, scored for number of behaviors engaged in on a first date, after several dates, with a steady, with a fiancé(e).	Scores were weighted to reflect liberality of attitudes rather than liberality of behavior. males : r = -.07 (ns) females: r = -.01 (ns)	COMP 1.1	r_{pm}	-	ns	Undergraduate students, Ohio, U.S.A. Non-probability accidental sample N: 132, date: 1966 / 1967	MILLE 68 p. 1082
LIBERALITY OF SEXUAL BEHAVIORS ENGAGED IN AND REVEALED TO PEERS	6-item questionnaire (see above), scored for number of sexual behaviors engaged in and later disclosed to a member of one's peer group.	See above Stronger among males: r = =.25 (05) Not among females : r = +.03 (ns)	COMP 1.1	r_{pm}	-	ns	See above	MILLE 68 p. 1082
LIBERALITY OF SEXUAL BEHAVIORS ENGAGED IN AND REVEALED TO PARENTS	6-item questionnaire (see above), scored for number of sexual behaviors engaged in and later disclosed to one or both parents.	See above Positive among females: r = +.22 (ns) Negative among males : r = -.14 (ns)	COMP 1.1	r_{pm}		ns	See above	MILLE 68 p. 1082
LIBERALITY OF SEXUAL BEHAVIORS ONE WOULD LIKE TO ENGAGE IN WITH A DATE	6-item questionnaire (see above), scored for number of behaviors one would like to engage in at different stages of a dating relationship.	Positive among females: r = +.12 (ns) Negative among males : r = -.11 (ns)	COMP 1.1	r_{pm}		ns	See above	MILLE 68 p. 1082
LIBERALITY OF SEXUAL BEHAVIORS DEEMED ACCEPTABLE IF EXPERIENCED PREVIOUSLY BY A FIANCE(E)	6-item questionnaire (see above), scored for number of behaviors one would not seriously disapprove of if one's fiancé(e) had engaged in them before with someone else.	males : r = -.13 (ns) females: r = -.16 (ns)	COMP 1.1	r_{pm}	-	ns	See above	MILLE 68 p. 1082

S 3.1.2 - PERCEIVED ATTITUDES OF OTHERS

PERCEIVED LIBERALITY OF SEXUAL ATTITUDES OF PEER GROUP	6-item questionnaire of various sexual behaviors varying in intimacy, scored for those behaviors which one's peer group would not seriously disapprove of on a first date, after several dates, with a steady and with a fiancé(e).		COMP 1.1	r_{pm}	+.02	ns	Undergraduate college students, Hawaii Non-probability accidental sample N: 101, date: —	WILSO 65 p. 375
PERCEIVED LIBERALITY OF SEXUAL ATTITUDES OF PARENTS	6-item questionnaire (see above), scored for sexual behaviors which one's parents would not seriously disapprove of.		COMP 1.1	r_{pm}	-.04	ns	See above	WILSO 65 p. 375

S 3.1.3 - ATTITUDINAL CONFLICTS

SEXUAL CONFLICT:	Discrepancy between various scores indicative of sexual liberality:	For questions used see above under 'Liberality of Sexual Attitudes' (S 3.1) and 'Perceived Liberality of Sexual Attitudes of Others' (S 3.2).	COMP 1.1				Undergraduate college students, Hawaii Non-probability accidental sample N: 101, date: —	WILSO 65 p. 375
	- Discrepancy between liberality of one's ideal sexual attitude and liberality of one's pragmatic sexual attitude		COMP 1.1	r_{pm}	-.18	ns		
	- Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's peer group		COMP 1.1	r_{pm}	-.22	s		
	- Discrepancy between liberality of one's ideal sexual attitude and perceived liberality of sexual attitude of one's peer group		COMP 1.1	r_{pm}	+.14	ns		
	- Discrepancy between liberality of one's pragmatic sexual attitude and perceived liberality of sexual attitude of one's parents		COMP 1.1	r_{pm}	-.17	ns		
	- Discrepancy between liberality of one's ideal sexual attitude and perceived liberality of sexual attitude of one's parents		COMP 1.1	r_{pm}	-.09	ns		
	- Discrepancy between perceived liberality of sexual attitudes of one's peers and one's parents		COMP 1.1	r_{pm}	+.06	ns		
SEXUAL CONFLICT:	Discrepancy between various scores indicative of sexual liberality:	For questions used see above under 'Liberality of Sexual Attitudes' (S 3.1)					Undergraduate students, Ohio, U.S.A. Non-probability accidental sample N: 132, date: 1966 / 1967	MILLE 68 p. 1082
	- Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors engaged in and revealed to peers	Positive among males : r = +.23 (ns) Negative among females: r = -.07 (ns)	COMP 1.1	r_{pm}	+	ns		
	- Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors engaged in and revealed to parents	Negative among females: r = -.15 (ns) Not among males : r = +.03 (ns)	COMP 1.1	r_{pm}	-	ns		

(to be continued on next page)

	- Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors one would like to engage in with a date	Negative among females: r = -.15 (ns) Not among males : r = +.03 (ns)	COMP 1.1	r_{pm}	-		ns		
	- Difference between liberality of sexual behaviors engaged in and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé (e)	Stronger among females: r = +.17 (ns) Not among males : r = +.03 (ns)	COMP 1.1	r_{pm}	+		ns		
	- Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors engaged in and revealed to parents	Stronger among males: r = -.21 (ns) Lower among females : r = -.11 (ns)	COMP 1.1	r_{pm}	-		ns		
	- Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors one would like to engage in with a date	Stronger among males: r = -.17 (ns) Lower among females : r = -.08 (ns)	COMP 1.1	r_{pm}	-		ns		
	- Difference between liberality of sexual behaviors engaged in and revealed to peers and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e)	Negative among males : r = -.18 (ns) Positive among females: r = +.18 (ns)	COMP 1.1	r_{pm}			ns		
	- Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors one would like to engage in with a date	males : r = -.00 (ns) females: r = -.04 (ns)	COMP 1.1	r_{pm}	-		ns		
	- Difference between liberality of sexual behaviors engaged in and revealed to parents and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e)	Stronger among females: r = -.26 (05) Not among males : r = -.01 (ns)	COMP 1.1	r_{pm}	-		ns		
	- Difference between liberality of sexual behaviors one would like to engage in with a date and liberality of sexual behaviors deemed acceptable if experienced previously by a fiancé(e)	Stronger among females: r = -.30 (05) Not among males : r = -.01 (ns)	COMP 1.1	r_{pm}	-		ns		
SEX GUILT	Subscale from the Mosher Incomplete Sentences Test (see Mosher, 1961)		HAPP 1.1	DM	-	r_1	05	University students, U.S.A. Non-probability chunk sample N: 313, date: 1966 - 1967	BRADB 67 p. 64

S 3.2 - QUALITY OF SEX LIFE

see also 'Types of Affect - Love and Sex' (A 2.2.11)

SATISFACTION WITH SEX LIFE	Closed question: 'How do you feel about your sex life?' terrible / unhappy / mostly dissatisfied / mixed/ mostly satisfied / pleased / delighted		HAPP 3.1 (1st instr.)	h^2	.40			National adult population, U.S.A. Probability area sample (third sample) N: 1072, date: November, 1972	ANDRE 74 p. 19
SATISFACTION WITH LOVE LIFE	Closed question rated on an open graphic scale ranging from 'very dissatisfied' to 'very satisfied'	Lower among those of age 41-50 and 61-65 Stronger among those of low S.E.S. Not among those of high educational level Unaffected by sex	HAPP 1.1	G	+.70		05	National adult population, The Netherlands Probability area sample N: 1552, date: June, 1968	BAKKE 74 p. 28

		Index of Negative Affects: G = +.01 high S.E.S. : d = -.10 medium S.E.S. : d = +.02 low S.E.S. : d = +.09 (see PHILL 69, p. 8)							
SOCIABILITY	Number of choices made in answering 3 open-ended questions: - who do you like? - who are your friends? - who do you play with?	Open ward : r = +.30 (01) Closed ward: r = +.04 (ns)	AFF 5.1	r_{pm}	+			Institutionalized mentally retarded males, U.S.A. Non-probability chunk sample N: 149, date: —	PANDE 71 p. 329
PEER POPULARITY	3 open-ended questions (see above) Score based on number of times the respondent was selected by his peers.	Open ward : r = +.04 (ns) Closed ward: r = +.30 (05)	AFF 5.1	r_{pm}	+			See above	PANDE 71 p. 329
REJECTION OF PEERS	Score based on number of choices made in answering three open-ended questions: - who don't you like? - who do you dislike? - who don't you like to play with?	Open ward : r = -.03 (ns) Closed ward: r = -.12 (ns)	AFF 5.1	r_{pm}	-		ns	See above	PANDE 71 p. 329
REJECTION BY PEERS	3 open-ended questions (see above) Score based on number of times the respondent was selected by his peers.	Open ward : r = -.23 (05) Closed ward: r = -.32 (01)	AFF 5.1	r_{pm}	-		05	See above	PANDE 71 p. 329
POPULARITY	Rating by 2 experienced staff members who were familiar with all the patients on a 7-point 'isolated-popular' scale.	Open ward : r = +.52 (001) Closed ward: r = +.47 (001)	AFF 5.1	r_{pm}	+		001	See above	PANDE 71 p. 329

S 4.1.2 - FREQUENCY OF INTERPERSONAL CONTACTS

SOCIABILITY	3-item index of closed questions on number of times one got together with friends, number of telephone calls with friends, and number of times one was in touch with relatives, during the past few weeks. (see below)	Index of Positive Affects only: G = +.24 Unaffected by S.E.S. Unaffected by novelty Unaffected by satisfaction with social life Stronger among those with high esteem for others	AFF 2.3	G	+			Adults, urban areas, U.S.A. Probability area samples N: 2787, date: January, 1963 - January, 1964	BRADB 69 p. 132
INFORMAL SOCIAL PARTICIPATION	Direct question on number of contacts with family, friends or acquaintances, during the past week 0-3 / 4-5 / 6 or more	U-shaped curve: Those who had 4 or 5 contacts being most happy	HAPP 1.1	G'	+.00	Gt'	ns	Adults, Utrecht, The Netherlands Probability sample, stratified by age N: 300, date: autumn, 1967	MOSER 69 p. 27
CONTACTS WITH SOCIAL NETWORK MEMBERS	Closed question on how often one sees each network member about once a month / once every week or two / several times a week / almost every day	Those adults one sees at least once a month and who are 'important persons' in one's life were considered as social network members. married females : r = +.04 (ns) unmarried females: r = -.01 (ns)	HAPP 1.1	r			ns	Females from the Seattle-Washington area, U.S.A. Non-probability chunk sample N: 153, date: —	BRIM 74 p. 437
PARTICIPATION IN INFORMAL SOCIABILITY	Sociability with relatives and friends, measured in terms of the average hours per week involvement. non-involvement vs involvement		COMP 1.1	r_{pm}	+.04		ns	White males who had experienced a first heart attack, Durham, North Carolina, U.S.A. Non-probability quota sample N: 56, date: 1970	GARRI 73 p. 201
CONTACTS WITH FRIENDS AND RELATIVES	Direct question on frequency of face-to-face interaction monthly or less / about once a week / more than weekly	Stronger among those of age 66-75: t_k = +.52 (01) Stronger among those of age 82-92: t_k = +.50 (01) Lower among those of age 76-81	AFF 2.3	t_k	+.43		01	Aged female public housing residents, U.S.A. Probability systematic random sample N: 44, date: 1967 - 1971	GRANE 75 p. 703